



# The Parent-Infant Study Center

... because babies can't wait

## Relationship-based Practice with Infants, Toddlers & their Families A Professional Development Series for 2011-2012

Relationships between practitioners and families that focus on parents'/primary caregivers' ability to engage in nurturing relationships with their infants and young children are key to positive outcomes in many service settings. This series of professional development seminars offers professionals from a wide range of disciplines the opportunity to come together to explore how their relationships with families can positively impact child outcomes. All seminars take place at The Parent-Infant Study Center in Albuquerque. They focus on concepts that support participants to ground their practice in a strong theoretical framework while enhancing their direct service skills applying relationship-based practices in their unique work settings.

Jacqui Van Horn, MPH, DS III, IMH-E<sup>®</sup> will facilitate each seminar. Jacqui is an experienced infant-family professional who has earned endorsement as an Infant Mental Health Mentor (Level 4) through the NM Association for Infant Mental Health. Each seminar will address competencies/areas of expertise as defined by the NMAIMH's *Culturally Sensitive, Relationship-based Practice Promoting Infant Mental Health* Competency Guidelines (portions copyright © MI-AIMH 2002). For competency details go to <http://www.nmaimh.org/ENDORSEMENT%20MATERIALS.html>

### Schedule-at-a-Glance

Date	Seminar topic
Thurs. 9/22/11	<i>Relationship-based, Family-Centered Practice Principles</i>
Thurs. 11/17/11	<i>Supporting Nurturing Parent-Child Interactions: An Exploration of the Use of Videotaping as an Effective Strategy.</i>
Thurs. 1/26/12	<i>Supporting Teens and Their Babies through Relationships</i>
Thurs. 3/22/12	<i>Reflective Capacity &amp; Use of Self in Relationship-based Practice</i>

### Format

Each seminar will take place at The Parent-Infant Study Center in Albuquerque from 9:00-4:30 with time for breaks and lunch (on your own). Upon completion of each seminar, participants will be provided a certificate of participation along with documentation that can assist them in the preparation of an endorsement portfolio or to demonstrate continuing endorsement requirements. Continuing Education Units (CEUs) will NOT be provided.

### Fees

- The fee for the series is **\$275** for participants who are able to commit to attending all 4 seminars;
- Participants may register and pay for individual seminars on a space available basis; \$75 per seminar
- **\$275 received by 8/31/2011** reserves participant's space in the entire series of 4 seminars.
- **\$75 received by 9/1/2011** reserves participant's space in the Sept. 22, 2011 seminar.
- The seminars will be provided only if 10 paid registrations are received for each scheduled seminar.
- All fees are non-refundable (unless a seminar is cancelled due to under-enrollment).

## Detailed Seminar Information

### Seminar topic

**September 22, 2011**

***Relationship-based, family-centered practice principles*** – this seminar will introduce core concepts and practice principles related to relationship-based, family-centered service delivery that apply across work settings where families with infants and toddlers are served. Theoretical principles will be explored and direct service skills practiced through the use of videotaped sessions with parents/caregivers and infants/toddlers.

**November 17, 2011**

***Supporting Nurturing Parent-Child Interactions: An Exploration of the Use of Videotaping as an Effective Strategy*** – maintaining a focus on parent-child interactions can be challenging in infant-family work because there are many demands on both the parents'/caregivers' attention and the attention of the professional. Videotaping is a helpful strategy for focusing our attention. This seminar will provide specific examples of what to watch for in terms of nurturing parent/caregiver-child interactions; how to see an interaction through the "eyes"/experience of the parent/caregiver and to help the parent/caregiver see the interaction through the eyes of the child. The seminar will introduce participants to ways that videotaping parent-child interactions can support these skills in a focused and intentional way. Participants do not need to be using videotaping in order to benefit from this seminar.

**January 26, 2012**

***Supporting Teens and Their Babies through Relationships*** - During this seminar participants explore how they can use their professional relationships with pregnant and parenting teens to support the teens to develop nurturing, growth promoting relationships with their infants. Specific pre- and postnatal activities will be shared. These activities are also useful for many pregnant and recently delivered women and new fathers of all ages. Professionals providing pre- and post-natal home visits are likely to find this seminar helpful.

**March 22, 2012**

### ***Reflective Capacity and Use of Self in Relationship-based Practice***

Infant research is demonstrating that even young infants are able to understand the intentions of others. We also know that parents who are able to think about their babies' thinking and internal/emotional experiences are more likely to parent with a greater degree of sensitivity. Effective relationship-based practitioners are required to come to an emotional and cognitive understanding of the experience and feelings of both the parent and the child while staying aware of their own emotional and cognitive experience and maintaining effective boundaries. This seminar will provide participants the opportunity to explore how observation and awareness of one's own feelings and behaviors can be used as important sources of information to guide this complex aspect of relationship-based work in a variety of service settings. Participants will apply strategies for considering the possible internal experiences of others (infants, parents, team mates) and how those might be similar to or different from their own internal experiences.



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### REGISTRATION FORM

Please use the form below to register for one or more seminars. If you register for the entire series of four (4) seminars, you will save \$25 on the total cost of registration fees. To take advantage of this discount, I must receive your registration and payment by August 31, 2011.

Date	Seminar topic	Register Me Now	Fee
Thurs. 9/22/11	<i>Relationship-based, Family-Centered Practice Principles</i>		\$75
Thurs. 11/17/11	<i>Supporting Nurturing Parent-Child Interactions: An Exploration of the Use of Videotaping as an Effective Strategy.</i>		\$75
Thurs. 1/26/12	<i>Supporting Teens and Their Babies through Relationships</i>		\$75
Thurs. 3/22/12	<i>Reflective Capacity &amp; Use of Self in Relationship-based Practice</i>		\$75
	Total # Seminars Registering for Now	1 2 3 or 4 circle one	
	<b>Amount Due \$275</b> (If registering for entire series of 4 seminars and received by 8/31/2011 <b>OR</b>		<b>Amount enclosed:</b>
	<b>Amount Due (minimum) \$75</b> Reserves participant's space in the Sept. 22, 2011 seminar if received by 9/1/2011		<b>Amount enclosed:</b>

**REGISTRATION DEADLINE:** August 31, 2011 for all 4 seminars OR September 1, 2011 for the first seminar (September 22, 2011).

Space is limited! Only the first paid 15 people to register can be accommodated.

**Your Name:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_  
\_\_\_\_\_

**Best Phone Number to Reach You:** \_\_\_\_\_ **E-Mail Address:** \_\_\_\_\_

**FEE AGREEMENT**

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**I have read the fee agreement. I understand that all fees are non-refundable** (unless a seminar is cancelled due to under-enrollment).

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Send completed registration form with initial payment (checks only)  
payable to:

Jacqui Van Horn  
630 Manzano NE, Suite A  
Albuquerque, NM 87110